

School Food & Nutrition Services

Champ's Café...

We serve education every day!

Over 1.9 million lunches and more than 775,000 breakfasts were served to students in the 2013/2014 school year. 64.63% of the students in our district's 20 schools were eligible for free or reduced-price meals in 2013/2014. Champ's Café Restaurants consistently receive superior ratings on quarterly Health Department Inspections, USDA's School Meals Initiative and Menu Certification Reviews. All Champ's Café Managers are state-certified professional food safety managers knowledgeable in the HACCP (Hazard Analysis of Critical Control Points) program for sanitation.

Guidelines

Champ's Café is a state and federally-funded program regulated by USDA and the division of Florida's Nutrition & Wellness. Champ's Café follows the policies District's School Board. The Director of Food & Nutrition Services, Terri Whitacre, can be contacted at **941-575-5400** (Toll Free: 1-888-532-4112).

USDA is an equal opportunity provider and employer.

Free & Reduced-Price Meal Benefits

A new family application is required each school year. Families may submit another application **at any time** during the school year when income or the number of household members changes. Turn the completed application in to your child's school office. The district has up to 10 days to process the application. **Please send money for meals in the meantime!** USDA requires that families pay for their child's meals until free or reduced-price meal benefits are approved.

To apply for meal benefits online, log onto champs.yourcharlotteschools.net, or print a Meal Benefits Application from the Charlotte County Public Schools website: yourcharlotteschools.net

To maintain privacy, all students enter their personal keypad number at the cash register. All students then state their last name to verify their personal account. Payments for meals are to be made in advance or at the time of meal service. If a customer does not have money for their meal, they should ask to see the Manager. **Courtesy meals are to be paid back the very next school day.** Create a "safety net" for your child by keeping enough money in their account so they can depend on eating a healthy meal at school every day!

The Champ's Café budget pays for all salaries and benefits of its staff, cost of energy and utilities, equipment replacement, food and supplies from its revenues.



"The fun place to refue
yourcharlotteschools.net

Champ's Café is a positive, welcoming place where Charlotte County Schools students and staff refuel their day of teaching and learning to achieve **"Student Success!"**

The 20 Champ's Café restaurants are part of a new concept combining fun and healthy choices with great 5-Star Customer service.



Top priority to every Champ's staff member is to help students develop life-long habits that promote health and wellness through nutrition.

Champ's Café:

"Where students and nutrition go together!"

Champ's Café uses a computer system to manage students' and staffs' individual meal accounts. Each customer has a keypad number to enter at the cash register. Families may pay for meals with cash, by check or online with a credit/debit card.



When making pre-payments for more than one student account in the same school, please indicate the amount to be deposited in each student's account. Please make your check payable to **Champ's Café**, noting both keypad numbers and first and last student names on the check.



To make an online payment, go to www.payPAMS.com (Parent Account Management System). There is a per student transaction fee of **\$1.95** associated with online credit/debit card payments; no annual subscription fee.

There is no cost to track your child's purchases & account balance!

Sign up at www.payPAMS.com today!

Champ's Café Meal Prices

- \$.30 Breakfast, Reduced-Price
- \$.40 Lunch, Reduced-Price
- \$ 1.20 Breakfast, Elementary & Secondary
- \$ 2.30 Lunch, Elementary
- \$ 2.50 Lunch, Middle
- \$ 2.70 Lunch, High School

Adults: \$3.30 Lunch; \$1.50 Breakfast

Champ's Cafe

The School Food and Nutrition Services Department supports the district vision of **"Student Success!"** by providing nutritious, high quality food choices that are attractive, reasonably-priced and served in a safe, sanitary and customer-friendly environment.

Menus are planned to meet the USDA (United States Department of Agriculture) Dietary Guidelines while offering our customers their favorite nutritious foods. Please see our menu on the district website for daily menu offerings. Nutrition information can be found online and posted at each **Champ's Café**.

Breakfast is offered every day at all schools 30 minutes before the school day begins. Customers may select a breakfast such as fortified cereal and muffin, ham and cheese bagel sandwich, French toast sticks, or a fresh-baked whole wheat cinnamon roll along with milk and juice. Freshly-made oatmeal is offered free as part of school breakfast every day at every Champ's Cafe.

Lunch A "School Lunch" includes an entree, bread, fruit, (1 serving at Elementary & Middle Schools, two servings of fruit at High Schools), two servings of vegetables and lowfat milk. Students must select a fruit or vegetable as part of a USDA healthy school lunch. Extras or ala carte items, such as a carton of milk or bottle of water, can be purchased at the cash register.



ENTREES or Champ's Main Dish
Elementary school customers may the featured entrée or chef turkey deli sandwich, or Champ ' Pack of turkey, cheese and cr
Middle school customers may sele featured entrée or a chef salad, deli sandwich, hamburger, or c fillet sandwich. High school Food serve customers more than 20 c daily including salads, sub & sandwiches, hamburgers, pizza, c specialty sandwiches, chicken n Mexican, Italian & Asian entrees. rotating "just like home" meal Main Event line. Milk & juice, fru vegetables, Champ's homemade baked rolls, buns and muffins co each meal. **Special Diet Needs:** with the individual student, l parents, physician and school nur: Champ's Cafe staff is part of the Care Plan Team who works toget accommodate food allergies, intolerances, diabetes, and conditions affecting one's **Vegetarian and Religious** prefe are honored by contacting the M at your child's school.