

## School Food & Nutrition Services

### Champ's Café...

**We serve education  
every day!**

Over 2.1 million lunches and more than 790,000 breakfasts were served to students in the 2012/2013 school year. 64% of the students in our district's 20 schools were eligible for free or reduced-price meals in 2012/2013. Champ's Café Restaurants consistently receive superior ratings on quarterly Health Department Inspections, USDA's School Meals Initiative and Menu Certification Reviews. All Champ's Café Managers are state-certified professional food safety managers knowledgeable in the HACCP (Hazard Analysis of Critical Control Points) program for sanitation.

#### Guidelines

Champ's Café is a state and federally-funded program regulated by USDA and the division of Florida's Nutrition & Wellness. Champ's Cafe follows the policies District's School Board. The Director of Food & Nutrition Services, Terri Whitacre, can be contacted at **941-575-5400** (Toll Free: 1-888-532-4112).

USDA is an equal opportunity provider and employer.

#### Free & Reduced-Price Meal Benefits

A new family application is required each school year. Families may submit another application *at any time* during the school year when income or the number of household members changes. Turn the completed application in to your child's school office. The district has up to 10 days to process the application. ***Please send money for meals in the meantime!*** USDA requires that families pay for their child's meals until free or reduced-price meal benefits are approved.

**To apply for meal benefits online, log onto [champs.yourcharlotteschools.net](http://champs.yourcharlotteschools.net), or print a Meal Benefits Application from the Charlotte County Public Schools website: [yourcharlotteschools.net](http://yourcharlotteschools.net)**

To maintain privacy, all students enter their personal keypad number at the cash register. All students then state their last name to verify their personal account. Payments for meals are to be made in advance or at the time of meal service. If a customer does not have money for their meal, they should ask to see the Manager. **Courtesy meals are to be paid back the very next school day.** *Create a "safety net" for your child by keeping enough money in their account so they can depend on eating a healthy meal at school every day!*

The Champ's Café budget pays for all salaries and benefits of its staff, cost of energy and utilities, equipment replacement, food and supplies from its revenues.



**"The fun place to refuel!"**

[yourcharlotteschools.net](http://yourcharlotteschools.net)

Champ's Café is a positive, welcoming place where Charlotte County Public Schools students and staff refuel for their day of teaching and learning to achieve **"Student Success!"**

The 20 Champ's Café school restaurants are part of a new concept combining fun and healthy food choices with great 5-Star Quality customer service.



Top priority to every Champ's Café staff member is to help students develop life-long habits that promote health and wellness through proper nutrition.

**Champ's Café:**

*"Where students and nutrition get together!"*

Champ's Café uses a computer system to manage students' and staffs' individual meal accounts. Each customer has a keypad number to enter at the cash register. Families may pay for meals with cash, by check or online with a credit/debit card.



When making pre-payments for more than one student account in the same school, please indicate the amount to be deposited in each student's account. Please make your check payable to **Champ's Café**, noting both keypad numbers and first and last student names on the check.



To make an online payment, go to [www.payPAMS.com](http://www.payPAMS.com) (Parent Account Management System). There is a per student transaction fee of **\$1.95** associated with online credit/debit card payments; no annual subscription fee.

There is **no cost** to track your child's purchases & account balance!

Sign up at [www.payPAMS.com](http://www.payPAMS.com) today!

**Champ's Café Meal Prices**

- \$ .30 Breakfast, Reduced-Price
- \$ .40 Lunch, Reduced-Price
- \$ 1.10 Breakfast, Elementary & Secondary
- \$ 2.20 Lunch, Elementary
- \$ 2.40 Lunch, Middle
- \$ 2.60 Lunch, High School
- Adults: \$3.15 Lunch; \$1.35 Breakfast

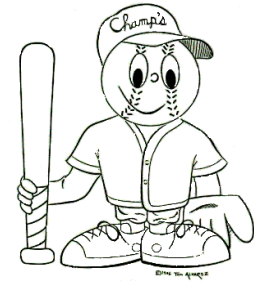
**Champ's Cafe**

The School Food and Nutrition Services Department supports the district vision of **"Student Success!"** by providing nutritious, high quality food choices that are attractive, reasonably-priced and served in a safe, sanitary and customer-friendly environment.

**Menus** are planned to meet the USDA (United States Department of Agriculture) Dietary Guidelines while offering our customers their favorite nutritious foods. Please see our menu on the district website for daily menu offerings. Nutrition information can be found online and posted at each **Champ's Café**.

**Breakfast** is offered every day at all schools 30 minutes before the school day begins. Customers may select a breakfast such as fortified cereal and muffin, ham and cheese bagel sandwich, French toast sticks, or a fresh-baked whole wheat cinnamon roll along with milk and juice. Freshly-made oatmeal is offered **free** as part of school breakfast **every** day at **every** **Champ's Cafe**.

**Lunch** A "School Lunch" includes an entree, bread, fruit, (1 serving at Elementary & Middle Schools, two servings of fruit at High Schools), two servings of vegetables and lowfat milk. Students must select a fruit or vegetable as part of a USDA healthy school lunch. Extras or **ala carte items**, such as a carton of milk or bottle of water, can be purchased at the cash register.



**ENTREES or Champ's Main Dish Items:**

Elementary school customers may select the featured entrée or chef salad, turkey deli sandwich, or Champ "Smile" Pack of turkey, cheese and crackers. Middle school customers may select the featured entrée or a chef salad, pizza, deli sandwich, hamburger, or chicken fillet sandwich. High school Food Courts serve customers more than 20 choices daily including salads, sub & wrap sandwiches, hamburgers, pizza, chicken specialty sandwiches, chicken nuggets, Mexican, Italian & Asian entrees, and a rotating "just like home" meal at the Main Event line. Milk & juice, fruits and vegetables, Champ's homemade fresh-baked rolls, buns and muffins complete each meal. **Special Diet Needs:** Along with the individual student, his/her parents, physician and school nurse, the Champ's Cafe staff is part of the Health Care Plan Team who works together to accommodate food allergies, food intolerances, diabetes, and other conditions affecting one's diet. **Vegetarian and Religious** preferences are honored by contacting the Manager at your child's school.