

Eat a wide variety of nutritious and delicious foods at your

★ **Tarpon Champ's Cafe** ★

\$2.80 Meal Deals include:

Protein, Bread/Grain, 2 different Fruits, 2 different Vegetables & Milk

See your *Champ's Café* monthly menu for specialty offerings!

Track your account balance online for FREE: PayPAMS.com or through your district FOCUS account.

Students: If you do not have lunch money one day, see the Champ's Cafe Manager to obtain a meal. You must **re-pay** the Manager the **next day**. Deposit some money on your account so you can depend on refueling each day at *Champ's Cafe!*

★ **1 TARPON TREATS**

"Smart Snacks" Approved Ala Carte Items:

Ice Cream Specialties, Cereal Bars, Snacks, Popcorn, Cookies, Bagels, Muffins and other Fresh-Baked Products, Fruit, Water, Flavored Water, Vitamin Water,

"Smart Snacks Approved" Specialty Drinks & Sport Drinks

★ **2 SLAM DUNKIN' NUGGETS**

Chicken Nuggets/Specialty Nuggets such as Spicy or Dill, Rice Pilaf, Fruit & Vegetable Choices of the Day, Milk

★ **JUST LIKE HOME COOKIN'** ★

3 Coyote Grill 4 The Main Event

on various days: Pasta, Roast Turkey, Tangerine or Teriyaki Chicken, or Mexican Specialties such as Nachos, Tacos or Chicken Fajita; & **Our Champ's Monthly Special** all with Fruit & Vegetable Choices of the Day, Milk

★ **Breakfast is Served!** ★

Open 30 minutes before school at various food courts

Fruit & Juice, Milk & Oatmeal offered with all breakfast meals

Every day: \$1.20 Meal Deals include

Cereal & Muffin or Breakfast Bagel Sandwich or Deluxe Muffin or Bagel or Pancakes or French Toast Sticks or Sausage or Chicken Biscuit /Slider

On Fridays: in addition to everyday choices

Fresh-Baked Cinnamon Roll and Frittata.



5 RED BARON & 6 POWER SLICE PIZZA

Cheese or Pepperoni Pizza, on various days: Southwest Pizza And Champ's Specialty Pizza Cheese Sticks with Marinara Sauce, Nachos, or Hot Specialty Sandwiches, Fruit & Vegetable Choices of the Day, Milk



7 HOMEROOM HEROES

Variety of Wraps & Hero Sandwiches with Lettuce, Tomato & Pickle, Fruit & Vegetable Choices of the Day, Milk



8 ON THE GREEN

Variety of Chef Salads & Dressings with Fresh-Baked Roll, Fruit & Vegetable Choices of the Day, Milk

Ala Carte Items: Yogurt, Water, Flavored Water, Vitamin Water, V8 Juice, "Smart Snack Approved" Specialty Drinks & Sports Drinks



9 KICK-IN CHICKEN

Grilled or Breaded Chicken Fillet on Bun with Lettuce, Tomato & Pickle, Fruit & Vegetable Choices of the Day, Milk



10 CHAMP'S GRILL

Spicy Chicken Fillet on Bun with Lettuce, Tomato & Pickle, Fruit & Vegetable Choices of the Day, Milk



11 CHAMPBURGER

Hamburger or Cheeseburger with Lettuce, Tomato & Pickle or Specialty Hot Sandwiches, Rib B Que or Bacon Cheeseburger Fruit & Vegetable Choices of the Day, Milk

For Special Diet Needs & Vegetarian Entree Selections: Please see your Champ's Manager



<p align="center">Daily Sandwich Choices:</p>	<p align="center">Daily Salad Choices:</p>
<p align="center"><i>Subs : Ham, Turkey, Combo, Tuna</i></p> <p align="center"><i>Wraps: Ham, Turkey, Combo, Tuna, Veggie, Spicy Chicken , Grilled Chicken</i></p>	<p align="center"><i>Ham, Turkey, Tuna, Veggie</i></p> <p align="center"><i>Spicy Chicken, Brd. Chicken, Grilled Chicken</i></p> <p align="center"><i>Taco, Tangerine Chicken, Teriyaki Chicken</i></p>
<p align="center">Specialty Sandwich Choices:</p>	<p align="center">Specialty Pizzas:</p>
<p align="center"><i>Sloppy Joe</i></p> <p align="center"><i>Chicken Parmesan</i></p> <p align="center"><i>RibQ</i></p> <p align="center"><i>Hot Ham & Cheese</i></p> <p align="center"><i>Grilled Cheese</i></p> <p align="center"><i>Pulled Pork</i></p> <p align="center"><i>Stromboli (Ham, Cheese, Bacon Bits in Tortilla)</i></p>	<p align="center"><i>Mostly Veggie Toppings with No Extra Cheese</i></p> <p align="center"><i>Green Peppers & Onion</i></p> <p align="center"><i>Green Peppers, Onion, Mushrooms</i></p> <p align="center"><i>Tomato & Spinach</i></p> <p align="center"><i>Ham & Pineapple</i></p> <p align="center"><i>Mushroom</i></p>
	<p align="center">Other Specialty Pizza Products:</p>
	<p align="center"><i>French Bread Pizza</i></p> <p align="center"><i>South west Fiesta Pizza</i></p>
<p align="center">Other Specialty Options:</p>	
<p align="center"><i>Cheese Bread sticks</i></p> <p align="center"><i>Corn Dog Nuggets</i></p> <p align="center"><i>Dill Chicken Nuggets</i></p> <p align="center"><i>Buffalo Popcorn Chicken</i></p>	