

Eat a wide variety of nutritious and delicious foods at your

★ **Pirate Champ's Cafe** ★

\$2.80 Meal Deals include:

Protein, Bread/Grain, 2 different Fruits, 2 different Vegetables & Milk

See your *Champ's Café* monthly menu for specialty offerings!

Track your account balance online for **FREE: PayPAMS.com**
or through your district **FOCUS** account.

Students: If you do not have lunch money one day, see the Champ's Cafe Manager to obtain a meal. You must **re-pay** the Manager the **next day**. Deposit some money on your account so you can depend on refueling each day at *Champ's Cafe*!



1 HOMERUN HEROES

Variety of Wrap & Sub Sandwiches with Lettuce, Tomato & Pickle or Variety of Chef Salads & Choice of Dressings with Fresh-Baked Roll, Fruit & Vegetable Choices of the Day, Milk



2 POWER SLICE PIZZA

Pepperoni or Cheese Classic Pizza, Southwest Pizza, Specialty Pizzas, Fruit & Vegetable Choices of the Day, Milk



3 RED BARON SPECIALTIES

On various days: This food court offers Nachos or other featured entrees, Specialty Sandwiches, and Cheese Sticks w/ marinara sauce
Fruit & Vegetable Choices of the Day, Milk



4 SLAM DUNKIN' NUGGETS

Chicken Nuggets/Specialty Nuggets such as Spicy or Dill, Rice Pilaf, Fruit & Vegetable Choices of the Day, Milk



**For special diet needs &
Vegetarian Entrée Selections:
Please see your Champ's Manager**



JUST LIKE HOME COOKIN'



5 Hot and Spicy 6 The Main Event

On various days: Pasta, , Roast Turkey, Tangerine or Teriyaki Chicken or Mexican Specialties such as Nachos or Chicken Fajita, & **Our Champ's Monthly Special** with Fruit & Vegetable Choices of the Day, Milk



7 PIRATE TREATS

"Smart Snacks" Approved Ala Carte Items:

Ice Cream Specialties, Snacks, Popcorn, Cookies, Bagels, Muffins and other Fresh-Baked Products, Fruit, Water, Flavored Water, Vitamin Water," Smart Snack Approved" Specialty Drinks and Sport Drinks.



8 KICK-IN CHICKEN

Every day: Grilled or Breaded Chicken Fillet on Bun or every Friday: Fish on Bun, with Lettuce, Tomato & Pickle, Fruit & Vegetable Choices of the Day, Milk



9 CHAMP'S GRILL

Every day: Spicy Chicken or Grilled Chicken Fillet on Bun or every Friday: Fish on Bun, with Lettuce, Tomato & Pickle, Fruit & Vegetable Choices of the Day, Milk



10 CHAMPBURGER

Every day: Hamburger or Cheeseburger with Lettuce, Tomato & Pickle, or RibBQue or Bacon Cheeseburger
Fruit & Vegetable Choices of the Day, Milk



Breakfast is Served!



Open 30 minutes before school at various food courts

\$1.20 Meal Deals include

Fruit or Juice, Milk & Oatmeal offered with all breakfast meals

Every day: Cereal & Muffin or Breakfast Bagel Sandwich or Deluxe Muffin or Bagel or French Toast Sticks or Pancakes or Sausage or Chicken Biscuit/Slider

On Fridays: in addition to every day choices
Fresh-Baked Cinnamon Roll and Frittata.

A+



<p>Daily Sandwich Choices:</p>	<p>Daily Salad Choices:</p>
<p><i>Subs : Ham, Turkey, Combo, Tuna</i></p> <p><i>Wraps: Ham, Turkey, Combo, Tuna, Veggie, Spicy Chicken , Grilled Chicken</i></p>	<p><i>Ham, Turkey, Tuna, Veggie</i></p> <p><i>Spicy Chicken, Brd. Chicken, Grilled Chicken</i></p> <p><i>Taco, Tangerine Chicken, Teriyaki Chicken</i></p>
<p>Specialty Sandwich Choices:</p>	<p>Specialty Pizzas:</p>
<p><i>Sloppy Joe</i></p> <p><i>Chicken Parmesan</i></p> <p><i>RibQ</i></p> <p><i>Hot Ham & Cheese</i></p> <p><i>Grilled Cheese</i></p> <p><i>Pulled Pork</i></p> <p><i>Stromboli (Ham, Cheese, Bacon Bits in Tortilla)</i></p>	<p><i>Mostly Veggie Toppings with No Extra Cheese</i></p> <p><i>Green Peppers & Onion</i></p> <p><i>Green Peppers, Onion, Mushrooms</i></p> <p><i>Tomato & Spinach</i></p> <p><i>Ham & Pineapple</i></p> <p><i>Mushroom</i></p>
<p>Other Specialty Options:</p>	<p>Other Specialty Pizza Products:</p>
<p><i>Cheese Bread sticks</i></p> <p><i>Corn Dog Nuggets</i></p> <p><i>Dill Chicken Nuggets</i></p> <p><i>Buffalo Popcorn Chicken</i></p>	<p><i>French Bread Pizza</i></p> <p><i>South west Fiesta Pizza</i></p>