

# Champ's Café December Menu

Charlotte County Public Schools 2017

## Baker Center

Champ's Café is inviting all students to participate in the free meals program. Participation for free meals is not mandatory - unless students are enrolled in the Pre-K program. If bringing a lunch from home, the meal can still be supplemented by obtaining 3 food items, one of which must be a one-half cup of fruit or vegetables.

Extra food and USDA "Smart Snack" approved items are available to purchase. Champs Café Accepts Cash & Checks payable to Champ's Café.

**Adult Lunch Price \$3.40**  
**Adult Breakfast \$1.50**

Track your meals and account balance for FREE at [www.PayPams.com](http://www.PayPams.com)

Weekly Breakfast Menu	
<b>Monday</b>	Cereal and Hard-Boiled Egg, Oatmeal, Fruit, Low-Fat Milk
<b>Tuesday</b>	Turkey Sausage Patty, Biscuit, Oatmeal, Fruit, Low-Fat Milk
<b>Wednesday</b>	Nonfat Yogurt & Cereal, Oatmeal, Fruit, Low-Fat Milk
<b>Thursday</b>	Whole Grain French Toast Sticks, Syrup, Oatmeal, Fruit, Low-Fat Milk
<b>Friday</b>	Turkey Sausage Omelette, Cereal, Oatmeal, Fruit, Low-Fat Milk

Enjoy Breakfast and Lunch at Champ's Café!

### Week One: December 2017

Charlotte County Schools is looking for bus drivers! Interested in joining the team and getting our students to and from school? We'll train you and you can earn your CDL.



Call the Safety & Training Coordinator in Transportation at 941-575-5400 x158 for more info!

**Friday**  
**Chicken Fillet**  
 Lettuce, Tomato & Pickle  
 Mixed Vegetables  
 Potato Wedges  
 Choice of Fruit  
 Milk

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### Week Two:

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Chicken Nuggets</b> Mashed Potatoes & Gravy Diced Carrots Choice of Fruit Milk	<b>Breakfast for Lunch</b> <b>Mini Pancakes/Waffles</b> <b>Turkey Sausage Omelette</b> <b>Sausage Patty</b> Tater Tots Spinach Choice of Fruit Milk	<b>Homemade Beefaroni</b> Crisp Romaine Salad Steamed Broccoli Fresh Baked Garlic Roll Choice of Fruit Milk	<b>Max Sticks</b> with Marinara Sauce Tossed Salad Green Beans Choice of Fruit Milk <b>Cookie</b> 	<b>Hamburger</b> Lettuce, Tomato & Pickle Steamed Squash Mix Baked Beans Choice of Fruit Milk
4	5	6	7	8

### Week Three:

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Tangerine Chicken</b> Steamed Rice Stir Fry Vegetables Diced Carrots Choice of Fruit Milk	<b>Grilled Cheese Sandwich</b> Tomato Soup Mixed Vegetables Choice of Fruit Milk	<b>MONTHLY SPECIAL</b> <b>Turkey Holiday Meal</b> Mashed Potatoes & Gravy Orange Glazed Sweet Potatoes Green Beans Whole Grain Roll <b>Blueberry Crisp</b> and Fruit Milk	<b>Pizza</b> Steamed Corn Steamed Cauliflower Choice of Fruit Milk	<b>Chicken Fillet</b> Lettuce, Tomato & Pickle Vegetable Medley Tater Tots Choice of Fruit Milk
11	12	13	14	15

### Week Four:

Monday	Tuesday	Wednesday	Thursday
<b>Chicken Nuggets</b> Rice Pilaf Diced Carrots Spinach Choice of Fruit Milk	<b>Soft Taco with Beef &amp; Cheese</b> Lettuce, Salsa Refried Beans Corn Choice of Fruit Milk	<b>Spaghetti w/ Meatsauce</b> Steamed Broccoli Green Beans Garlic Wheat Roll Choice of Fruit Milk	<b>Pizza</b> Steamed Corn Green Peas Choice of Fruit Milk
18	19	20	21



Thanks for enjoying breakfast and lunch each day at Champ's Cafe!  
 Enjoy the holiday break and we will see you again on January 3rd!

This institution is an equal opportunity provider and employer.

All of our grain products are whole grain-rich (WGR)  
 MENU SUBJECT TO CHANGE DUE TO AVAILABILITY